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### Introduction

A month ago, I celebrated the first anniversary of my newsletter The Dream Life. This was a big thing for me as the newsletter was a big part of my life.

I wanted to do something different so I asked my subscribers to send in their dreams. I said that if I got 50 contributors by a certain date I would publish a free ebook for them. It would contain all their dreams, my dream and a few things I learned on my journey over the last few years.

Exactly 50 dreams were sent in, and the last one came in on the last day...

So this is the book. My promise and my gift.

A massive thank you and respect to everyone who contributed their dreams. And if you're a subscriber, thanks for putting up with my occasional rants!

This book contains 51 stories of hope, desire, courage and belief. You'll also get a few valuable tips and some words of wisdom from a few of my favorite quotes.

I hope you enjoy this unusual book, and I hope it helps you in some way towards your dreams.

Iain Legg

P.S Subscribe to my newsletter *The Dream Life*, and get all these free gifts...



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## The journey so far

I'd always been curious about the powers of the mind and the unexplained. I remember reading books on the paranormal and trying my own experiments ever since I was a child. It must have freaked my parents a little, looking back.

When I was about 14 I'd just discovered dowsing. I got my friend to hide some keys amongst all the oak leaves in our back garden. It was mid autumn and the lawn was a carpet of golds and browns. I pictured the keys in my mind and the rods crossed over at the exact point when I was standing over the keys. Every time.

Later when I was 17 and at college I remember trying a psychic experiment with a girlfriend of mine. We agreed at some point in the day I would focus on her intensely and she had to try and feel this connection and make a note of the time. She got it exactly right.

I was fascinated with all these mysteries... and longed to know the answers but as time went on I left college and joined the corporate world. And as the years passed, my thirst for knowledge of the unknown slowly got pushed deep inside and I joined the rat race.

Around 2002, after 15 years of working for other people I'd had enough and gave it all up to start my own business painting luminous stars on people's ceilings! However this didn't last long and I ended living off my dwindling investments.

Things got tough and money was tight. I didn't know where my life was heading, I'd opted out of society but was unsure of my future. I was trying various ways of making money from home but nothing was working.

Then I discovered a book about the universal laws and suddenly everything made sense to me. All the unanswered questions that had lain so deep inside me were finally answered... and I felt empowered like never before.

...I'd discovered a belief system that your thoughts create your reality - control your thoughts and you get to control your destiny.

I'd always believed in treating people as I wish to be treated. I'd always believed in kindness and integrity, but only when I discovered the universal laws, did I finally believe in myself.

To know that I had control of my future was scary, exciting. I felt like a genie with unlimited wishes.

I knew there and then what I wanted to do. I was fascinated with the internet and the ability to reach out and connect with people across the world. So my dream was to have a successful internet business helping more people understand the power of their minds.

...and with my new belief system I knew if I can dream it, I could do it, so why settle for mediocrity. Dream big.

And I guess that it my first tip...

# 1. Dream Big

If you truly believe that you are the creator of your world and that your thoughts create your reality, don't hold back. Make your life the masterpiece it is meant to be. It's only you who sets the limit of your success.

...and if you do have big dreams, don't think it is greedy to want more wealth, health and happiness - it is your birthright.

Of course if you decide to take this journey, you may find money doesn't buy happiness on its own, but it can definitely help take away the stress and worry of not having enough... and it can also give you the freedom to pursue your real dreams.

Write down your dreams, make them real. Add some timescales and turn them into goals. If the goals seem too big, break them down into smaller and easier goals. Just the very fact of doing this will give you much more chance of success.

It's funny. My interest in personal development and the powers of the mind, not only answered my questions about life and success; they also answered all the questions I'd had as a teenager about the paranormal.

I think the key to uncovering our dreams and purpose in life often goes back to our childhood. What is your passion? What excites you? If you're unsure what you want to do with your life, take a trip back to your early years and remember what fascinated you at the time. Maybe your hidden dreams and wishes are a clue?

Once I'd read about the universal laws, I accepted the new beliefs immediately. They just sort of made sense. I could understand why I wasn't getting the results I wanted. So my thoughts and actions also changed immediately. I knew without a doubt that my future was within my hands ...It just took me a while to realize that I had to go out there and grab it.

And this is my second tip.

# 2. You must KNOW that you will achieve the dreams you desire.

If you have doubts, you will sabotage your efforts. You will unconsciously stop yourself from doing the things that are needed to succeed. You'll start to make excuses. So you need faith. Faith in yourself and faith that these universal laws exist.

But don't just sit at home doing nothing and expecting something. I believe that if you work with the universal laws, for every step you take towards your goals, they take two towards you. In other words, working with the universal laws makes it easier for success, but you still need to take action.

And this isn't always easy. It can sometimes take a long time before you start to see any success. Now constantly trying to be positive and stay motivated all the time is next to impossible. Your biorhythms are natural cycles and your moods will swing from time to time.

# 3. Be aware of your natural cycles

And be aware that during low times you may have low energy, and low belief in yourself. This is where you must be aware of your thoughts.

When you are feeling a little low try reading some motivational or inspirational books. If they don't work then press 'pause' on the dream in your mind. Avoid the doubts and worries that will push away your chances of success. Take some time out and do other stuff - I like to play some poker or watch some movies. And when you're feeling good again press 'play' again and go for it big time.

I think this is a major problem that really holds people back. They feel good and work hard towards their dreams half the month. The rest of the month they feel stressed and down, repel their dreams and all their hard work is undone.

So dream big, Know it will happen... and be conscious of your thoughts and emotions. Make progress in the good times and chill out during the bad times. Work with the flow, instead of fighting it ...and fighting with yourself.

So now I knew what I wanted, I was focused and had read hundreds of personal development books and business and marketing books. Yet the first website I made didn't make a single cent. Or the second. I guess it would have been easy then to say to myself that this wasn't going to work, and this is another reason why so many people don't get the success they desire. They give up at the first hurdle.

Fortunately, because I had programmed myself to believing that failure was not an option - (there was no way I was going back to work for someone else after reading the books I'd read...) so I looked at the website, slowly realized where I had gone wrong and learned some valuable lessons.

# 4. On your journey you will make lots of mistakes, I've certainly had many,

# but don't see them as mistakes, see them as lessons.

Take an objective view at what has gone wrong and learn from it... and make sure you don't do it again.

Every successful person I see gets my total respect. I understand that they must have battled through many disappointments to get to where they are today. But it's all part of the process and the lessons you learn will make you a much stronger person.

Understand that your journey to success is not a straight line. Think of yourself as a heat seeking missile pursuing a moving target. As you head towards it you will be making constant adjustments. These are like your mistakes, but as long as you learn, and readjust, and keep moving forwards, you will eventually reach your target.

So I readjusted my direction and started planning another website. Except this time I didn't just do what everyone else was doing. I tried something a little different.

# 5 - Don't follow the beaten path, make your own path.

By following the masses, you're competing against everyone else. Be an innovator, a creator, rather than just blindly following the rest. A sad but true fact, 90% of people and businesses don't achieve the success they desire - so why follow them?

I realized that I had made this mistake with my first website. It looked exactly the same as thousands of others websites and I was an unknown. People had no real reason to buy anything or join my newsletter.

When I created the new site it was a little different to anything else I had seen... and this time it did work and within days of opening my hypnosis site I had a few thousand people join and started to make some money. It took me a year to get to this stage but I never gave up.

...and this became the theme of my new newsletter which I started - 'The Dream Life' - never give up on your dreams.

After a few weeks I started to get some letters from subscribers who were enjoying my newsletter... and it felt fantastic to know that I was helping people.

Tip 6 - Now this tip I believe is probably the most important, and one of the things that people struggle to get their head round.

Most people read books about success, they understand the principles, they work hard to get the results they want but they don't achieve the success they desire.

# 6. You must first become the successful person inside

And you need to feel it with your heart and soul. This will give you the right thoughts that lead you to take the right actions... to get the right results.

When I first read about the universal laws, my beliefs and thoughts changed overnight. When I wrote my first newsletters I wasn't the big success in the physical world, but inside I already felt like I had become more... and I knew it was just a question of time before success showed up in the physical world.

This may sound like arrogance. It's not, it's about belief.

To achieve the success you want in the outer world, you must feel different, think different ...be different. Because if you don't change, then neither will your actions, or results - regardless of how many books you read or how hard you work.

For instance, when I first started trying to make a living on the internet in 2004, I was working really hard. I spent 12 hours a day building websites 7 days a week but then I'd change my mind and start new projects. I had no focus or direction.

I hadn't discovered the universal laws and had no idea how to achieve success in life or business. And as a result I was going round and round in circles.

...I was trying to get as much as possible, instead of trying to *give* as much as possible.

For the last 2 years since the first life changing book, I've constantly filled my head with a mix of a personal development books and business books. This has kept me motivated, and given me more insights to improve my personal and business life.

# 7 Invest heavily in your education

Learn success secrets from personal development experts and experts in your chosen dream. Study both what they say *and what they do*.

About 3 months after opening my hypnosis site I was approached by a guy who wanted me to promote his mind power books to my subscribers. Now when I first looked at these 2 big fat manuals I decided I'd save them for later. They sat on my hard drive for about 6 weeks until one night I remembered them and decided to start reading.

... and when I started reading them I was amazed. I'd read hundreds of mind power books but never come across information like this before. These books were from Jim Francis's research and were given to me by Phil.

Anyway to cut a long story short, I realized the huge potential of this information and asked Phil if we could work together to bring this information to a wider audience... He had the product but no internet business experience. I had a few years experience and a big desire to create something that would help improve many lives, just as Phil did. Four months later Real Mind Power Secrets was launched with hundreds of thousands of dollars worth of sales and tens of thousands of members in just a few months.

# 8 Sometimes opportunities are staring you in the face. Make sure you are aware of them.

I had these amazing mind power ebooks sitting untouched on my hard drive for 6 weeks but thankfully I saw the opportunity before it was too late. What opportunities are you missing because you aren't looking in the right place?

I think the law of attraction often confuses people. I always tell my readers that if you believe in your dreams, REALLY believe, then you will attract the people, ideas and opportunities to make your dreams come true. In a way, maybe I attracted Phil (maybe he attracted me...more on this later...) but still the opportunity wasn't handed on a plate. You must be aware of what is happening around you. Look for ideas and inspiration... and if you spot an opportunity you need to grab it. It came into your life for a reason.

So why did Real Mind Power secret take 4 months to build? Well the first month was spent testing the information. I'd tried a few of the mind power techniques and got good results but knew it would take years to try all the techniques in the manuals. So I enrolled the help of some of my subscribers to do some testing ...and they confirmed my suspicions about the information. It worked!

The next 2 months were spent visualizing and planning... and here's another golden tip...

# 9 Before you can create anything, you must be able to see it clearly in your head.

I guess I'm pretty lucky. I've always been a day dreamer and spent at least half an hour a day idling dreaming about what I wanted in the future. It's just recently I've leaned to take action on these dreams. An active dreamer, instead of a passive dreamer.

Visualization is crucial. I didn't start to build the website until I knew exactly how it would look and how it would all fit together. I've also spent the last 2 years picturing the success I wanted in my mind.

The difficult part is forming the clear picture in your mind; the easy part is making it a reality. You need to spend more time planning, researching and visualizing... and

then once you are ready, take the inspired action which should flow almost effortlessly.

It will still need action and stepping out of your comfort zone but there are tools that can help. I'm not always the most organized of people but when building Real Mind Power Secrets, I would have been lost without my action plan and to do list.

Every day I would work through my list and every night I'd plan the next day (if I was this organized all the time it would be great!).

Strict deadlines are also a great way to get you moving. We launched Real Mind Power Secrets on the Summer Solstice, our deadline and a traditional time to celebrate life and growth (this is why we have the symbol of the sun on our website.) This deadline forced us to come up with the action needed to make it a reality.

# 10 Don't let the dream stealers steal your dream.

Don't listen to friends and family who say you can't achieve the success you desire.

This is another biggie my friend... and a think back to when I first started reading about the power of the mind. I did suddenly change my thoughts and beliefs. To the people around me, my friends, and my family - it must have seemed strange.

When I told them what I wanted to achieve, they just smiled. Looking back, it's easy to see how bizarre it must have looked... I had nothing to show for it, I tried to tell them it was all in the mind, and probably sounded even crazier!

I think there are many people who read these books, try and talk to friends, family and partners and just get laughed at like me. It's easy to then dismiss this power of the mind thing as nonsense, and go back to a mediocre life.

Believe that you can be more, do more and have more and you have a chance.

Use your natural talents, learn what is necessary to succeed and don't give up. Keep improving, keep moving forward... and success will be inevitable.

... so don't let loved ones stop you from fulfilling your dreams.

You know, the more I learn about the power of the mind, the more I realize there is so much I *didn't* know. The research into quantum mechanics and the new advances in brain training tools are mind boggling.

Much of my story has been about belief but a major help has been all the tools I've used - affirmations, visualization, hypnosis, dream programming, brain entrainment, subliminal programming and neuro linguistic programming (NLP).

So here's a bonus tip...

# 11. Take advantage of all the mind power tools that are now available

## They work...

Since man inhabited our beautiful planet there have always been people with dreams. Unfortunately most people stopped believing in their dreams, and even fewer took the action necessary to make their dreams a reality.

Common enemies like doubt, fear, stress, worry and pride have often been the victors and stopped dreamers in their tracks. But now in the  $21^{\rm st}$  century you have tools that help program your mind for success. So take the easy option...

If you've never tried self hypnosis, brain entrainment or NLP etc, give it a go. It could make all the difference.

Earlier on I mentioned briefly how Phil and I got connected before we brought out Real Mind Power Secrets. I thought at the time it was the law of attraction at work, but I was only partly right... Phil had used one of the advanced mind power techniques we teach, subjective communication, to bring us together. It's similar to mental telepathy and is pretty mind boggling.

Here's the very basics - Just before you go to sleep, you program your subconscious mind to wake you up once you have connected with the mind of the person you want to make contact with. This can be a specific person or a group of people.

Then once you have woken and connected, you visualize the outcome occuring as you desire. E.g Imagine if you had a job interview coming up... you might want to 'break the ice' beforehand. So you'd program your subconscious mind just before going to sleep and when you woke up you'd be 'connected' to the mind of the job interviewer. You'd picture yourself confidently answering questions and being offered the job... and this *could* influence the outcome of your interview and give you an edge.

I know this sounds pretty incredible but this technique helped form our partnership and I know many other instances where it worked. This technique is also used by many top executives and real estate companies in the U.S.

...and you can learn the full step by step details for free when you sign up at our Real Mind Power Secrets site... It's helping many people.

So don't settle for an average life. Your destiny *really* is within your hands. So aim big...

...design your dream future.

## Summary

Here are a few things that have helped me so far. I hope they help you too...

- 1. Dream big. Don't settle for an average life, aim for the dream life. Turn your dreams into goals and start planning your future.
- 2. Know without a doubt that you can achieve your dreams but understand that you need to make the first move
- 3. Go with the flow. Work hard towards your goals when you feel good, and take some time out when you're feeling a little down
- 4. Don't be afraid of making mistakes. We all make them and successful people learn from them
- 5. Be innovative, creative. Don't follow the masses, follow your heart. This means learning to trust those gut feelings.
- 6. Change on the inside first, and the outer world will reflect this...
- 7. Invest in yourself read personal development books and grow, rather than watch the news and shrink. Take time to educate yourself on what you need to do to achieve your dream and model yourself on successful people.
- 8. Be aware of the ideas and opportunities around you and take action on them
- 9. But don't just rush blindly into things. Visualize your goals clearly in your head and take inspired action when you're ready to make it a reality. .. and spend time each day visualizing your future this is very powerful.
- 10 Don't let negative people drag you down. Believe in yourself and your dreams. Surround yourself with positive open minded people
- 11. Take advantage of all the brain training tools available
- ... and of course, NEVER EVER give up on your dreams.

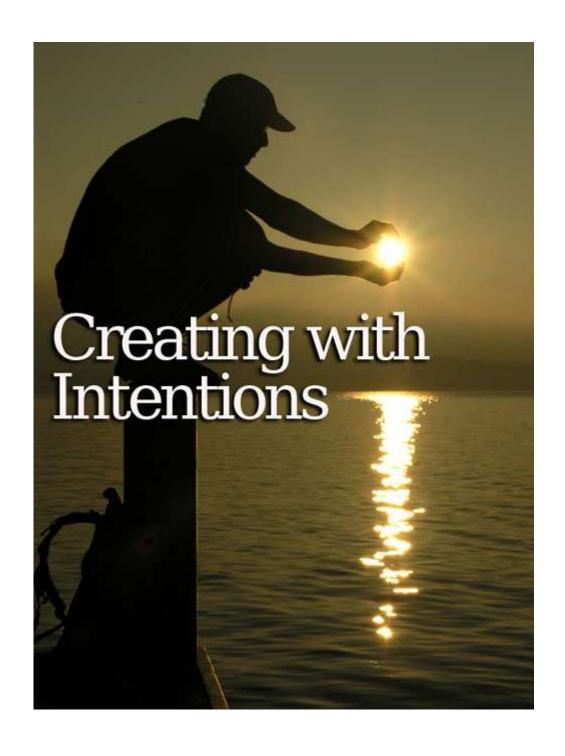
They are the blueprint of your soul. ...and my dream?

"To help as many people across the world believe in themselves and their dreams; to help as many people as possible discover their FULL potential."

## Do you have a dream?

If there were no barriers, no limits and you could do anything, what would you do? Come and share it at our 'your dreams' thread on our <u>forum</u>. It could be fun!

In the next section of the book, you'll discover a formula I recently discovered for turning your dreams into reality - *Creating with Intentions*. Simply follow the 7 steps and start creating YOUR dream life.



# Did you know?

One of the most underused abilities by people today is creating with intention? Most likely that's because no one has ever shown them how to do it – or even told them that they CAN do it!

Do you fall into that category too?

Sadly, we live in an age of disempowerment. There is a rampant, mass belief that we have no control over our lives. Most of us carry untold responsibilities and obligations each day, doing what we think we have to do to meet the expectations placed on us by others. As a result, we end up feeling powerless and out of control. We experience an ongoing sense of dissatisfaction and boredom but have no idea how to remedy it. Instead, we do our best to squelch it down and ignore it.

What feelings have you been ignoring? Do you dream of a more empowered way of living, of having the control to direct your life experiences and create more of what you want? Do you crave a greater sense of freedom from the mundane, a greater sense of meaning in your daily activities and a greater feeling of purpose for your life in general?

You can achieve all of this and more with the use of intentions.

An intention is a choice. But more important than making a choice is the awareness that you CAN CHOOSE.

#### It is the claiming of your own power as a dynamic creator.

You may not feel too powerful right now. In fact, you may be wondering, "What power? I don't have any power!" I assure you, you do. Each one of us has the ability to shift the circumstances of our lives so dramatically that it would boggle our minds if we had full awareness of this capability.

Even if you don't quite believe that yet, be willing to consider the possibility. In fact, take a moment right now and think back to a time when you wanted something badly and made it happen. Maybe you wanted a shiny new toy when you were a child, or you wanted to attend a particular university as a young adult, or you wanted a specific make and model car more recently.

What did you do to get it? If the desire was strong enough, you **intended** to have it. Then, one of two things likely happened: you either moved into action to bring it into your life, or you put out such strong, clear energy that it was pulled into your life without any further action needed.

It's true – intentions CAN work even if you don't take action, but not always. We'll explore that process in more detail later in this report, and reveal ways to tell whether action will be required on your part.

It is also important to note that intentions are different than affirmations.

Affirmations are positive statements about what you would like to be true.

Intentions are empowering statements about what you <u>intend</u> to be true.

Can you feel the difference in power between those two? To be fully effective, an intention needs to come not only from your mind, but from the center of your being. This area might be called your "power center," your "soul," or your "energy source." The label you place on it is not important. Just know that your intentions come from a place much more powerful than your mind.

The energy you emit (your frequency of vibration) is what activates the Law of Attraction. Your thoughts and feelings (especially feelings!) play a very large role in the experiences and events that occur in your life.

However, your results will be limited if you focus only on thinking positively and feeling good. It's a good start, but it's not proactive enough.

To take greater control of your life, you need to INTEND what you want. You need to learn how to use your inner power to shift your outer circumstances.

Don't worry if you have no experience doing so; it's not as difficult as you might think! This report will walk you through the entire process, step by step.

If you're ready to begin, let's start with the first step – which is probably the most important, yet difficult of them all.

#### Step One: Figuring Out What You Want

You'd think that knowing what you want is simple, but it proves to be confusing for almost everyone when they start learning how to use intentions. You could probably write a very long list of the things you **don't want**:

You don't want to be unhappy.

You don't want limited financial resources.

You don't want destructive relationships.

You don't want someone else telling you what to do and when to do it.

You don't want unfulfilling, boring work.

You don't want to be lonely.

You don't want to be ridiculed or rejected.

You don't want to live a meaningless existence.

Need we go on? You could probably add at least one hundred more items to that list, but it's not necessary. What you don't want doesn't matter; what you DO WANT does.

Remember that an intention is a statement about what you **INTEND** to be true. If you don't know what you want to be true for your life, you cannot form an intention about it.

You may think that what you want is simply the opposite of what you don't want. In some cases this might be true, but in others you will need to dig a little deeper and get a lot more specific.

Using an example from the list above, you might say that one of your intentions is to have unlimited financial resources. That would be the opposite of limited financial resources. But is such a statement specific enough? Does it address how and how much? "Unlimited" is such a vague term. You would be better off to decide on a firm figure that would give you the feeling of "unlimited" financial resources.

It is also important to take your time with this so you can really get in touch with what you want. Not what you think you want off the top of your head; not what your mother thinks you should have; not what you feel you are capable of having – but what you REALLY WANT, from the depths of your being.

Also be sure you understand WHY you want it. What will such an experience

provide for you? What essence does it bring to your life? What FEELINGS will it give you? These are all very important questions to answer, because they help you to shape your intention into something that will truly benefit your life.

Not doing this preliminary clarification sets you up for disappointment; I must be honest with you on that. So many times in the past I believed I knew what I wanted and intended to have it. Once my intention worked to bring it to me, I realized I still felt hollow and empty and dissatisfied. I tried to convince myself that it would make me happy, but it wasn't what I TRULY wanted.

You may remember similar experiences from your own life. Do yourself a huge favor and really make an effort to delve deeply into your heart and figure out what will make you most happy. Do it even if you don't believe you can really have what you want. Do it even if others tell you that you must be crazy to think you can have something so wonderful.

You may have to play some inner mental games to convince yourself your true desires are possible. You may need to trick yourself into believing you can have them. Even if you can't see any possible way to make them happen yourself, believe that the universe has ways to deliver what you want.

Once you are clear (really clear!) on what you want, make a list. Make this list VERY detailed. Write down every tiny aspect of what you want; color, shape, size, magnitude, and also include the essence and feelings it will provide for you. In other words, write down exactly why you want these things. What will having it contribute to your life? How will it make you feel?

Don't worry if your list is very long. You don't have to intend everything at once. In fact, I encourage you to start with one thing from your list and work only on it to begin with. Later you can move on to others. Once you master the intention process, you can easily work on more than one thing at a time, but start with just one for now.

You can start with something small if you feel unsure about your ability, or start with something huge and give it all you've got! It's up to you. Go with what you feel in your heart is the right thing to do.

Once you've decided on your first intention, it's time to write your power statement.

Step Two: Writing Your Power Statement

Any effective intention needs to have two crucial elements:

1) It must be very specific.

2) It must be written (and spoken) with complete power and confidence.

You wouldn't write a power statement like this: "I want to have more money." Wishy-washy!

Instead, your power statement must be **powerful**. It must convey the unspoken message that YOU are the creator of your own life, and you INTEND to have this thing you desire.

Consider the difference in a statement like this:

"I intend to create \$5000.00 monthly income, quickly and effortlessly."

Or even better:

"I intend to create \$5000.00 monthly income quickly and effortlessly, doing work I feel passionate and excited about."

Even better, specify the **exact type of work** you want to be doing to receive this money. The more specific you can get, the more powerful your statement will be.

Note: You don't have to use the word "create." If you feel more comfortable with words like receive, attract, have, open to, or anything else, go with that. Keep working on your statement until you feel it's exactly right for what you want to bring into your life.

It's important that your statement resonate with you. If your statement makes you feel nervous, anxious, fearful, or even doubtful – **it's not right for you at this time.** Either it's not what you really want, you don't believe you can have it, or you simply need to adjust the statement somewhat.

Sometimes we really do want something but we are not yet in alignment with it. For example, if you want to intend a large sum of money into your life, you may not be comfortable with such a large sum (even though you want to be). If a large sum of

money makes you feel stressed or burdened, choose a sum that you would be comfortable handling. Consider what your immediate needs are rather than trying to attract enough money to last the rest of your life. Remember, you can always intend more money later too! You don't get just one shot at this; you can continue working on your intentions and increase the size and intensity of what you attract as you go along.

Once you've gotten your statement complete and you feel comfortable with it, begin saying it two or three times a day. You don't have to recite it incessantly; in fact you may create a blockage if you place too much "need" into the process. Instead, recite your statement no more than a few times a day and then let it go.

As you do recite your statement, be sure to put power and conviction in your voice. Be sure to say it out loud, and say it as if you absolutely KNOW that this thing will be yours.

At the very beginning, you may not have a strong level of belief that you can and will meet your objective. That's okay, and we'll be going into that in more detail shortly. For now, however, I encourage you to "fake it until you make it." **Pretend** that you have a solid belief that this thing is yours.

Don't do it just mentally; actually let yourself fill up with feelings of confidence, power, strength, and absolute determination that you will have this desire fulfilled.

You should notice two things happening:

- 1) First, you will probably feel strange, like you're riding a bicycle for the first time. You'll feel a little off-balance, a little out of your element, and possibly a little silly. Just ignore those feelings and keep at it. As you get more comfortable with using intentions more consciously you'll get more comfortable with it and the strangeness will go away.
- 2) Secondly, you should feel an inner shift happen as you focus power and conviction into your statement. Even though you don't quite believe it will happen yet, you will very likely be able to FEEL your inner power rising up and being directed toward the creation of this thing you want. It may be subtle at first, but pay attention to how you feel as you speak the words and you should notice a shift taking place. This sensation will get stronger the more you practice your intentions.

#### Step Three: Deciding, Believing and Having Faith

Intentions do not work unless you back them up with a solid foundation of belief and determination. How many times have you made up your mind to do something, but then lost your determination and given up? This applies not only to your action, or lack of action, but also the way you FELT about your intention. Most often, you lose your inner determination first; then you start slacking on the action steps you originally intended to take.

In order to make your intentions effective, you need to keep a continuous focus on knowing – no, **deciding** – that they are your truth. This can require tremendous willpower and persistence, but it becomes much easier when you are intending something you really and truly want.

That's why we went through that crucial first process of figuring out what you want. You must have absolute clarity about why you want something, and the reasons you want it. Without that clarity, it is much easier to lose interest and weaken the power of your intentions.

There are actually three facets to this third step:

- ➤ First, making a decision that you WILL have what you want. You must decide that it is yours. Not hope for it, not wish for it, not feel lukewarm about it you must DECIDE you are going to have it. Period.
- Then, you must believe you CAN have it. This is often more complex than it may sound. You may think you can have it, but do you really believe you can? Do you believe you deserve it? Do you believe it is possible for you? If you have doubt in any of these areas, you can subconsciously push your desire away.

One good way to overcome any inner blockages like these is to make a list of all the reasons why you believe you CAN have what you want. The reasons can be varied and unrelated to each other. Things like, "I can have this because I know other people have achieved it." Or "I know I deserve this because I'm a good person." The only requirement to these reasons is that they must be believable. You must be able to make sense of them when you read them. If you experience any kind of inner resistance or discomfort when you review your list, you need to work on making them more believable. By

the way, I mean believable to YOU – not anyone else.

➤ Finally, the third facet in this step is to consistently affirm that your intention is working and your desire is on the way. This means never allowing yourself to slip into an anxious or worried state of mind, wondering if it's really working or not. This means never faltering in your strong faith that what you desire will be yours.

This can be incredibly challenging if you are facing circumstances that are largely in opposition to what you want. For example, if you have little money and you are intending to have more money, you might struggle daily to keep that strong faith, especially if the money doesn't show up immediately.

You must not look outside of yourself for any indication that your intentions are working, but rather build up a solid foundation of belief and never waver from that.

Here's a good incentive to do this: every minute you spend focusing on doubt or disbelief will detract some power from the strength of your intention. How much power will depend on the intensity of your doubt and disbelief. If you get an unexpected bill in the mail and freak out for 30 seconds before remembering your new intention and then immediately get yourself back on track emotionally, it won't make much of a dent in your power.

If, however, you say your intentions and then go right back to incessantly worrying about money and groaning about how tired you are of being broke, you are diminishing the power you sent out with your intentions.

#### Remember:

- 1) DECIDE that you will have what you desire. Remind yourself why you want it, clarify the essence and feelings it will bring to your life, and keep your determination strong.
- 2) BELIEVE you can have it. Go over all the reasons why it is possible for you to have this item or experience or quality in your life. Specify exactly why you deserve to have it.

3) KEEP FAITH that it is on the way to you. Avoid worry, doubt, and disbelief at all costs. Simply develop a solid inner "knowing" that your intention is working.

Understand that these 3 things are vitally important to the process of manifesting what you want. You are putting forth ENERGY that will attract and draw to you what you want. That doesn't mean you definitely won't have to take any action (we'll be covering the action angle shortly).

However, your energy is what gets the whole process moving. The energy you emit when in the grip of doubt, disbelief, fear, worry, anxiety, or any related emotions to these is in DIRECT OPPOSITION to the energy you put out when you focus on faith, confidence and belief in your ability to have what you desire. **You cannot have both; you must choose between the two!** 

#### Step Four: Awareness and Action

The next step is to stay on the lookout for opportunities.

It is possible that your desire will drop into your lap fully formed, without any action needed on your part. Strange things indeed have been known to happen when people begin working with intentions.

Consider this: the universe will receive your intention, and then deliver your desire in the easiest and least complicated way. It may not seem that way to you, but there are usually reasons why something happens the way it does. Just because you think the best way to receive a large sum of money is by winning the lottery doesn't mean the universe sees things the same way. There may be a reason why a lottery win would be bad for you, and instead the money will come in another, much better way.

This can be difficult to accept because so many of us are used to trying to control every little detail that happens in our lives.

Creating with intentions requires the willingness to step back and surrender to the process. Ironically, this seems to be in opposition to what we covered earlier, about using your own inner power, but it is not.

Your own inner power (some might refer to this as your higher self, inner wisdom, energy center or any number of other terms) is fully and consciously connected to the Source energy (often referred to as the Universe, God, Divine Intelligence, or whatever name you give it). Your higher self knows whether something would benefit you, or detract from what you are supposed to be doing here.

While it seems like you are "surrendering" to a force outside of yourself, you are actually just surrendering to the wisdom of your own higher self. This aspect of you always knows your highest good and will move you naturally toward it. Be willing to trust this wisdom and go with it.

In the weeks following the establishment of your intention, you will want to be sure you remain open to the possibilities that your environment holds for you. You might meet someone who has the ability to present an opportunity to you, or at least lead you to an opportunity. You might stumble across a book with the answer you need, or simply be in the right place at the right time to have your desire fulfilled

immediately. You just never know how it might happen.

Your job is to simply relax and allow these opportunities to come to you. Don't go around purposely seeking them unless you feel drawn to do so. Otherwise, just go about your daily activities. If you feel a sudden urge to do something, like drive to the store when you ordinarily wouldn't, follow that hunch! Even if the urge seems completely pointless, do it anyway.

When you do come face to face with an opportunity, grab it! Don't hesitate or question it. Don't obsess over whether it's the "best" opportunity you could receive. Don't hold out hoping for something better. JUST ACT.

Even if there seems to be no logical connection to the opportunity and your intention, the opportunity might lead to the resources and other opportunities you need to fulfill that desire.

Too many of us waste opportunities because we distrust anything that seems too good to be true. This doesn't mean we should toss out common sense and leap at schemes and scams, of course. Use good judgment but trust your instincts too.

Get in touch with your intuition and learn to use it as a guide in your everyday life. It will become an invaluable tool as you learn to work with intentions.

It's important to note that you do not need to take FORCED action in order to manifest your intentions. You might think that in order to get a better job you must go searching for a good job and apply to every one you think might work. You can certainly do that if it makes you feel better, but if you don't feel a strong urge to do so, it's more likely that your better job will come to you in an unexpected way.

Remember, forced action is the way you USED to do things. There's nothing wrong with forced action, except that it's not the subject of this report. We're talking about creating with your INTENTIONS, not your forced actions. This is a whole other ball of wax, so to speak.

You may be tempted to take forced action simply because you can't see any other way for your intention to manifest. I assure you, ways exist that you would never imagine in a million years! The universe has unlimited resources at its disposal. Believe me, it can find a way to deliver exactly what you want without you having to stress yourself out trying to force it into being.

#### Step Five: Understanding Timing

I wish I could tell you that setting an intention would immediately cause your objective to manifest before your eyes, but you probably already realize that's not true.

Remember, when you set an intention and recite it with power and conviction, you are releasing energy into the universe that will bring about the outcome you desire (unless your objective is not for your highest good, as discussed previously) – but it often takes longer than you hope it will.

Some of your intentions might manifest so quickly that your head will spin. Others may take a little longer to come to fruition. The difference depends on many factors, some of which are not within your control. Let's take a look at the various reasons why your intentions may not manifest immediately:

- ➤ You are not yet in alignment with it. If you still have more inner work to do building your confidence, self-belief and self-worth, you might not be able to put forth the energetic power necessary to manifest what you want right away. There is no way to hurry this process; you simply must do the inner work consistently and diligently until you move yourself into complete alignment with what you want.
- > External conditions are not yet right. Even though most of us are extremely impatient about having what we want right now, there are always other factors to consider. Perhaps the new circumstances you desire would not fit appropriately into your life as it is right now. Maybe some outer changes need to take place before you can make room for your intention to manifest. You may need to let go of stagnant situations or unproductive habits before your new intentions will firmly stick in physical reality. Or it might be nothing that you personally have to do, but other people and situations in your life are in a state of change and your intention won't manifest until those transformations are complete.
- ➤ Your intentions affect other people. This is a sticky one. It's important to remember that your life overlaps with those of the people around you. If you are intending something that would affect others, you may need to alter your intentions to affect only yourself, or possibly make changes in your outer life so the intentions would not be in disharmony with the intentions of others

involved. You cannot control anyone with intentions – you can only create in your own reality!

- You are not open to receive. Even though you say you want something, you might be holding back and blocking it from appearing. This can happen for a number of reasons, but one of the most common is that you have a fear connected to the situation or objective you are trying to intend into being. For example, if you intend to become a successful businessperson but you also have a fear of success and the ways it might change your life, you will resist the very success you desire!
- ➤ You are trying to control how it manifests in your life. You may think you know the best way for what you want to appear, but in actuality, that might not be the best or simplest way. If you are trying to force something to happen in a very specific way, you will block out any other possibilities from opening up. Instead, learn to step back and focus only on the final outcome itself, not the circumstances and events that lead up to it. Doing so allows the universe to work on your behalf, and you should find that things move along much more smoothly.
- ➤ Finally, you simply may not have given your intentions the time they need to form. It might not be anything you are doing wrong, or circumstances in your life may not be interfering; you just need to be patient and let the process unfold as it is meant to.

That last one can be hard, for sure! In fact, all of these time delays can be hard to accept when you want something so badly. But the harder you try to force things to happen more quickly, the more snags you will cause in the manifestation process!

From my own experience, I'd like to share the most effective ways to deal with time delays:

➤ Stay positive, no matter what. This can be difficult when you're trying to change negative circumstances using intentions because you feel like you can't stand the way things are and you want to hurry up and make something better happen. But the more you allow yourself to get sucked into negativity and impatience, the longer it will take for changes to occur. You may have to make a conscious choice to stay positive moment to moment, but work at it as

much as you can. The more positive you can be, the more quickly you'll notice good things beginning to happen (and in the meantime, even before changes take place you'll just feel better, which is a benefit all its own!).

- > Keep the faith. Another difficult thing to do, but so vital to the process! When you see that your intentions aren't manifesting soon enough, you might be tempted to believe that they aren't working at all. Not true! It just means they haven't begun to take form in the physical. But the more power and belief you can infuse into them, the more quickly they will begin to materialize. Keep affirming daily that your intentions are working, they are beginning to form even if you can't see it clearly yet.
- ➤ Enjoy the present moment. One reason waiting is so uncomfortable is because you believe that the objects of your intentions will make you feel better than you do now. They may indeed make you feel better, but remember also that feeling better is most importantly a choice! You can feel better just by choosing to do things you love, be happy, and look on the positive side of your situation. If you have to wait, why not make it enjoyable instead of miserable?

You might worry that doing this will cause your intentions to not manifest. If you're so "happy" now, why do you even need to create better circumstances? Will the universe not allow better things to come your way if you stay satisfied with what you've already got? No! I can assure you this is not the case. If anything, a happy attitude will only help better circumstances to come more quickly.

#### Step Six: Remembering to Set Intentions

Believe it or not, when you first begin working with intentions, you might find yourself forgetting them frequently. I don't mean just forgetting to recite the intentions you've set, but forgetting to set them at all!

This is much more common than you might think, and there's a very simple reason for it: Most of us are used to taking what we get day to day, and we have lost touch with our inner awareness. We end up forgetting that we have the power to choose at all!

Imagine that you were a superhero, but you bumped your head and got amnesia so you had no idea what you were truly capable of. Even if you heard someone yelling for help, you wouldn't know that you had the power to help them!

In this case you are the superhero, but you're also the amnesia and the person yelling for help! You need to find a way to trigger the awareness of your true power. There are several ways to do this:

- > The most obvious is to place reminders where you will see them frequently. You can write little notes like, "What do you intend?" or "You have the power to choose!" Just seeing these notes will remind you to stay in your power throughout the day.
- ➤ You may also find it helpful to set a schedule for setting and reciting your intentions on a daily basis. If you get into the habit of sticking to your schedule, working with intentions will become a familiar routine. You might set aside 10 or 15 minutes first thing in the morning, during your lunch hour and right before bedtime; or any timeframe that works best for you. The more you do it, the more you'll remember to do it!
- ➤ Designate a trigger object. Choose a piece of jewelry, a hat or any other object that is wearable. Set an intention that whenever you become aware of this object on your person, you will remember to recite your intentions.

#### Step Seven: The Illusion of Control

I touched on the topic of control earlier, but I want to clarify a few points because they're very important. As previously mentioned, you cannot create in another person's reality. You cannot set intentions that will attempt to control the actions, behavior or intentions of another. But what does this mean?

Basically it means that you cannot do anything that will infringe on another person's free will. You cannot force an ex-lover to come back to you. You cannot force anyone to fall in love with you. You cannot force anyone to be nice to you or respect you. You cannot force external circumstances to go your way, except those things you are in direct control of.

I could go on and on about what you can't do with intentions, but I think it's more important to clarify what you CAN do with them. You can change yourself from within. You can control the actions you take on a day to day basis. You can control your own thoughts, emotions and beliefs. You can choose to be positive or negative. You can choose to honor your power or dismiss it. You can attract wonderful people, resources, opportunities and experiences into your life.

The more you focus on using intentions to improve YOURSELF and your quality of life, the more easily and quickly your intentions can manifest. If you get stuck on trying to change others or things you have no business trying to control, you'll just remain right there . . . stuck!

The differences between the two focuses are subtle, for sure. However, it's easy to tell the difference when you look at the driving motivation behind anything you try to accomplish. Why do you want it? Are you forgetting about your inner power or trying to bypass it with the intentions you set? Are you trying to avoid facing your fears by asking for something that wouldn't serve you? Are you trying to control the actions or feelings of other people? Are you trying to control situations that are not yours to control?

Control is, quite simply, an illusion. (Except the control you have over yourself and your inner power, of course!) Once you truly understand this, you'll automatically start putting the responsibility for your happiness right where it belongs: on your own shoulders!

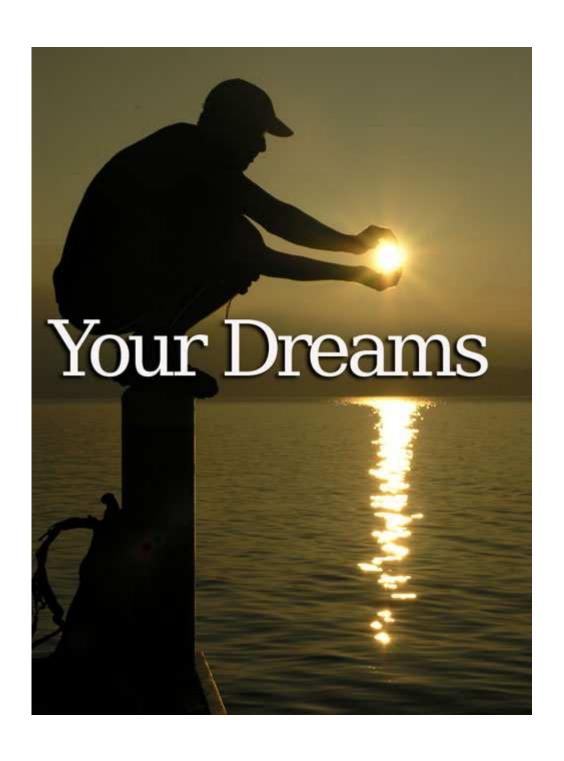
Intentions are not meant to serve as a magic wand you can wave over your life and

transform it into anything you want it to be. In many cases, they certainly can work that efficiently! But more often you'll find that your intentions serve another powerful purpose: keeping you firmly in touch with your own power center. That may not sound like much, but it is HUGE. Here are just a few of the benefits you receive when you are in touch with your own power center:

- ➤ Confidence in yourself and your abilities.
- > Empowerment in all situations.
- > Feeling balanced and centered.
- > Inner peace no matter what else is happening around you.
- ➤ The freedom that comes with knowing you have a choice!
- > Excitement for the ways you can change yourself and your life.
- ➤ Passion and fulfillment as you gravitate toward things that matter to you.
- Clarity about what is truly best for you, both now and in the long run.
- ➤ A deeper understanding of your life purpose.
- ➤ Insight about the other people in your life, what drives and motivates them.
- ➤ A better understanding of yourself, what drives and motivates you!

I could go on and on with the list, but those benefits alone are priceless. Now that you know how to work effectively with intentions, don't put off getting started! Grab a notebook and pen right now and start jotting down some ideas. Figure out what you want, write your power statement and set a firm schedule for reciting it. Intend, and receive!

...These people know what they want...



Thank you so much to everyone who has contributed their dreams. 50 stories of hope and inspiration from across the world...

# "I wish to prove to the world that age is not a barrier to success" by Norman Hawkins

"My dream is to get out of this self created mess that I am in. Clear all of my debts. Go on to create a very successful series of web sites. Plough the profits into property and create an empire with a value in today's prices in excess of £30,000,000.

I have always worked hard at trying to create something that I can leave as a legacy for those who will still be around after I leave this mortal plane.

I dream of having my 2 grown sons join me in my enterprises so that their future is assured and now that I have just become a grandfather for real, I am a step-grandpapa my desire is ever stronger.

I wish to prove to the world that age is not a barrier to success, I am 67, and no matter how tough things get it is possible to override adversity and come through shining.

I want to set up a foundation for orphaned children in Africa and raise them with love and show the world that we humans can live without prejudice and hatred.

I want to undertake long distance walking adventures. Explore far and distance lands and live the life of freedom that the youth of today are able to enjoy.

I want my own natural teeth implanted where others used to be.

I want to have my knee restored to it's former glory and my catarrhal problems relieved so that I can run another 2 marathons and I want to live to be at least 120 years in good health, and be happy wealthy and wise and having fun." *Norman Hawkins* 

"As per your e-mail to me here is my dream. I was laid off following a merger 6 years ago. It took me approximately 14 months to find a new position. My dream is to create sources of passive income greater than my current salary to allow me to work at the profession I love (I am a medical researcher) without concern of the future of my position." *Steve* 

"I would like financial abundance in order to pursue all my interests and helps and help others. I would like to have my own home and a Corvette ZR1. I'd like to have even more light in my life. Thanks for the inspiration each day!" *Carlo Hendricks* 

## "It's amazing what happens when you start asking the universe for what you really want, and BELIEVE in what you're asking for." By Paul

'I have no outlandish dreams Iain; all I want to do is earn enough, initially, to support my family & mortgage, and to build up a business at the same time. My initial goal is to have £60,000 in a separate bank account that is above normal requirements - this is my minimum signal to myself that I am starting to make it.

What's helping me? Daily affirmations, twice a day, subconsciously inputting faith, hope and belief. It's amazing what happens when you start asking the universe for what you really want, and BELIEVE in what you're asking for." *Paul* 

"To reach your dreams you have to believe in yourself. You need confidence in yourself and you need to accept yourself. Three factors are the basis that will elevate us to where we want to be in life." By Toula

"When I was young my main dreams were to become a teacher, a singer or a writer. I am neither of these things, but it seems that the qualities portrayed in the above three choices are recurring themes in my life. I enjoy learning new things and teachings other of these, I enjoy music and find that words put to music can convey wonderful messages and lastly the power of the written word can convey endless teachings. I am still discovering my main dream, yet a stable married life with wonderful children is one of my dreams that have become reality. My work provides me with satisfaction and through my work I am able to learn new things.

To reach your dreams you have to believe in yourself. You need confidence in yourself and you need to accept yourself. Three factors are the basis that will elevate us to where we want to be in life." *Toula* 

# "My dream is to become the greatest Liverpool footballer" By Tan Jun Yang

"My dream is to become the greatest Liverpool footballer because that's the most beautiful way I can think of living my life. Expressing and enjoying myself on the pitch with no worries while earning the power and money to become a greater and greater influencer onto other people's lives.

Also, it is a brilliant way to test so much of the personal development stuff I have came across. The law of attraction, visualization, courage, belief, hypnosis, and many other tools I have come across to help me grow and reach my dream. I'm 16 year old in Singapore, a country not known for great

footballers, where there is truly a lot of social conditioning going throughout the entire country.

But that's what makes it far more exciting, even a little bit scary, and a hell of an inspiration to anyone who hears my story." *Tan Jun Yang* 

"My dream is to setup my own security business, unique in its offering. A business serving other businesses from industrial to offices to banks." *Dave* 

#### "My dream is that:

- 1. I would grow old, at least 75 years and still healthy
- 2. I would like to work with people until the day of my death
- 3. The working time I would like to do is upon my choosing: when to start working daily, when to work or not to work, when to have holiday etc.
- 4. I would like to have enough money to support my life, my hobbies: traveling, reading, sport, and also to support my children, my family and also to give charity to orphanage
- 5. I would like to see my children and my grand children grow happy
- 6. To reach this dream I should have my own company, which can create income for me." Jakarta, Ramli

# "We are all part of nature and nature is a part of us" by Max Tuggle

"You asked us to write you about our dream. Well, mine is that everyone on this planet realizes that we are all part of nature and nature is a part of us. It is said that our thoughts are seeds to be planted. Well, just like the farmer who plants his seed at the proper time to be harvested later, we need to learn the proper time to plant our thoughts to harvest what we want to manifest. The seasons of our life give rise to our thoughts. The number seven is mentioned over 500 times in the Bible. The planet Uranus stays 7 years in each sign of the Zodiac. I have written a book called "Time of the End" and I have a blog I will be sending you. This is NOT the end of time, because there is no such thing. Major changes in our thought process are taking place." <code>Max Tuggle</code>

"I am doing Network Marketing. Company name is DXN. When I joined I had a dream of becoming a top achiever and true to my dreams I became a Triple Diamond. I then had dreams of going for the International and National trips for the yearly performance which I achieved. Now I am dreaming to become Double Qualifier so that I can go for these trips with my wife. I am also dreaming of reaching the top in DXN as a Crown Ambassador. My tip is I used NLP, surrendered to my Guru and God by invoking their grace." *Milind Koppikar* 

"Dear Ian, good evening. Thank you very much indeed by the opportunity to expose to you my life. Since I was a little child, I knew poverty. My first bath was done by my father in a basin with a hole. I never at that time and during the years to come, I have good and sufficient clothes. But God was and still is with me, and overcoming all the difficulties, I graduated as a mechanical engineer and I have a very great success in all companies I worked with. But I did not make money to have a life without worrying about how paying my bills and so on. So the dream of my life is to have enough money in order never feel any kind of need. I am improving my human qualities as I put in action knowlegment you and other great persons pass to me through your very important emails. I am very grateful to you. God bless you." Aldayr de Souza

"The world is going through convulsions due to the greed and avarice of a small group of people. As a result of their systemic manipulation of the financial system, they have enslaved countless souls. My dream is to use the Mind Power system to develop a fast, safe process to eliminate the debts that are enslaving the masses, and to provide the people debt freedom." Bob

# "I believe that Thoughts are powerful magical weapons" by Angel

"I learnt a lot reading your newsletters and free pdf files. This changed my way of thinking drastically. How I was emphasizing on what I don't want......But now I changed this habit of mine. My dream is to clear all my debts of my dad and be financially strong. I hope you guys will help me to achieve this by adding your intent to mine and thereby supporting my thoughts in this Universal mind. I believe that Thoughts are powerful magical weapons given." *Angel* 

"Obtener 50000us\$ 31 Dec 2007 I'm mechanical engineer and too work a mlm (multi level marketing) de 4life research" *Rafael* 

"I know what I want. I take the action steps necessary to accomplish the goal. I give thanks everyday for all the good things in my life. I openly receive all the good that comes to me. It's working:)" By Terrisa

"I am 49 year old woman. I have always had the desire to go to college and earn a degree. I have taken classes here and there as time has allowed in between raising two daughters and working full time to maintain a home and a very liveable lifestyle.

My youngest daughter is now in Beauty college and it's time for me to go full speed ahead in working toward finishing the degree that I started almost twenty five years ago.

Full speed ahead will be approximately 6-9 hours per semester:) Not a whirlwind for sure, but a steady goal that I continue to move towards. I'm expecting to be finished within 4 years.

I have a great support group to cheer me on. I belong to a book club which consists of four other women. We come underneath on another and provide a good solid base for helping one another achieve our goals. We choose books that are mind expanding and also financial books that are helping us learn good concrete money management skills.

The most helpful thing I do to keep myself in a good place and motivated is visualize my goal every day. I see it. Most of all I feel it. It's going to happen. It must. It's the LAW:)

When I do the feel it exercise- I usually lie down and just let the feeling of having it NOW permeate every part of me. I visualize myself receiving my diploma for the double major I'm working toward (management and business administration) I feel the incredible sense of accomplishment and I am overjoyed at the feeling of holding that sheepskin. I see it opening up opportunities to expand my life experience in many different directions. I enjoy a very nice career at this time and I see adding a degree as only enhancing what I have already been able to accomplish.

I know what I want. I take the action steps necessary to accomplish the goal. I give thanks everyday for all the good things in my life. I openly receive all the good that comes to me. It's working:)" *Terris*a

"My ideal day would be like this......I wake up in the morning from my big bed having very soft pillow n mattress and a nice bed sheet and in my cool night clothes, just like a very Rich Person.

I switch off my split AC and Thank God for whatever he has done for me and whatever he has given me. I wish my parents a very good morning. I see my servants doing their work, wishing me a hearty good morning. I go into my big n wonderful wash room made up of really very expensive tiles and glass, designed by a great interior designer. I then take a bath in my relaxing Bath tub. I feel really good that I have such luxuries at my home. I even have a big swimming pool, in which I luv to relax in.

My flat is facing the sea shore, This is the view from my bungalow... ...feels relaxing.

I like to go for a walk early in the morning. I also have another flat in Pali hill, Bandra. I sit facing the sea shore in my room enjoying the cool breeze which

gives me a fresh air and has a soothing effect on me and my health.

I have a Gym at my place, which I use daily to keep myself fit and fine. After that I have a massage and then I take bath and then leave for office. I always wanted to live a luxurious lifestyle and always wanted to give all kinds of luxuries to my family and I am very happy that I have all that. They are very proud of me and they are happy with me. We have breakfast together in the big Hall. Having a good breakfast and talking with my family feels so good.

Then I leave for my office and that is my own Software Company. My IDOL is Bill Gates; I want to be like him and build a software company like Microsoft and be a Billionaire like him.

I go by my Favorite car Skoda, and the color of my car is navy blue, I drive it to my office which is a very famous place in Bandra. I am making about a Million per month and my company is growing rapidly each day. It is the BEST IT Company of all time. I have clients from abroad and have really big contacts and contracts. Also I have another business of interior designing with my friends and that is also giving me good profit. I will open a parlor for my sister because I know she can do exceptionally well and get good money. It is all because of God and my Subconscious Mind which does everything for me. Whatever I ask, it says "Your Wish Is My Command", and it fulfills all my desires. It is like a Gini, wotever I ask it just fulfills it. I don't need to worry about how my wish is fulfilled, I just have to order and my subconscious mind does it all.

Within two years since I started working, I became a millionaire and the year is 2009. And I know I will be a Billionaire by the age 40. And by that time I will have a Mercedes and many other imported cars. I plan to go for a space trip once I become a billionaire and there's my name and picture in the newspaper the very next day. I work very hard and that's the reason my company is improving day by day.

I am a very successful person. I am a Magnetized man, Full of Confidence, Energy and Born to Win. A person with a really good personality, a person who is honest, generous and helping. I am and will always be good to others and that's the reason why people want me to be my friend. I have lots of close friends who are always there for me. I make One new friend each Day. My birthday would be a Grand party each year.

I enjoy each and every moment of my life and my friends make it worthy. I always help my family, friends and relatives and get their good wishes. I am a great person overall. Will always remember my friends and do as much as I can for my true friends and as people say I have a good smile, I would also like my friends, family and relatives to always smile and make my life worth something.

I have a very beautiful girlfriend whom I'll marry at the age 25. She is a diamond, a gem of my life. I liked the way she is and that's the reason I chose her. She is a simple, sweet and a cute girl. I like her very much and I know she is the one I have been searching for a long time. She is also attracted towards me and she knows I am her man. We will enjoy each n every moment of our life together, and she is going to have the best time of her life with me. We are going to have a good Romantic life. She is really romantic girl and I promise to fulfill all her wishes and be with her for my life.

Well now as far as my ideal day goes......I will be in office till evening and then

return home again to relax some time in my room facing sea shore. I could imagine how relaxing it would be this way. I would then be calling or meeting up my friends. And I would be spending time with my family. I would plan for a good weekend with friends or family or relatives. I would go for a vacation to almost all the parts of the world. My first destination being my cousin's place in Michigan. I will be covering entire India first then the whole world. Just can't imagine how happy my days are and how happy my days will be. Just looking forward for a great Future. I always want Wealth and Success.

And regarding my current life, I am a Magnetized man, Full of Confidence, Energy and Born to win ...very confident person and always cool headed. I am an excellent speaker just like I am an excellent writer. I know I have tremendous potential and I can do anything and everything that I want with the help of my subconscious mind. I want wealth and success. I am a very good person and keep my friends happy. I have lots of close friends and they are always there for me.

I am very happy that I got a distinction in my 6th semester exams. I can see it in my eyes, how happy I am. I can see my name and marks displayed in the notice board and everyone is congratulating me. It's all because of God that I got such a great score. I will be jumping in joy when I get my result in hand. I am enjoying my job and will do exceptionally well. By 2009 I will be a millionaire, and my subconscious mind will do it for me. I always have faith in whatever I do. I have a hope that whatever I think will soon to be a reality. And I believe in myself. I always seek to improve myself to the next level.

I will grow very fast and grasp things very fast. My aim is to always be confident and not to let myself down, do a great job and earn a good name. There are people who have great expectations from me and I wont let them down, I will do the best and make them happy." *Ashish karkera* 

#### 'Don't care what others think about you, just care what you think about yourself by Nur Irsyad

"I dream to lead a lifestyle that I desire - driving a Lexus and living in a 3-storeys bungalow. I still have a long journey to go. My education is the first step towards achieving this dream. I have a motto in life that is 'Don't care what others think about you; just care what you think about yourself'. This motto has allow me to gain my confidence in achieving what I want." Nur Irsyad

"My dream is to become a healer. To that effect I have taken reflexology 2 years ago. Now I can't practice for I had an accident with the lawn mower this summer and cut off part of 2 fingers of my right hand. I have no feelings at the end of what's left. However, I'm not going to sit and wait. I have ordered the EFT course and beginning to learn it. Then I'll put a word to the Universe to get clients. I'm not worried about the outcome, I know it will come in Divine order. That, I believe is God's secret to steer us in the right direction. And to

be willing to change course when necessary. Have a great day and many Blessings. Louise

"My dream is my mission statement:

"To make a contribution to the Universe and to the lives of as many people as I can by teaching and using my talents, knowledge, and skills in bringing techniques and truth so all may live a life of their dreams as is intended. " In so doing this, I am blessed and receive abundance and prosperity in all areas of my life. And that's what it is all about. And So It Is." *Dr. Marie Ph.D* 

### "I wish for all of us to broaden our knowledge, to grow in all ways, and become better people" by Mike

"My Dream: Initially my dream had a global theme - to make the world a happier, safer place, but I've realized that maybe all of the catastrophes, wars etc. are God's way of balancing the population. I've focused my dream to my immediate friends, family and colleagues - in this Age Of Enlightenment, I wish for all of us to broaden our knowledge, to grow in all ways, and become better people - to spread our happiness and wisdom to those close to us, and to reach out to the new people who cross our path - Wayne Dyer calls it "Love In Action' and I think it's an achievable dream. In particular, I'd like to share my dog with my new partner, so that she can feed him all the bones from the skeletons in her closet, and let him bury them forever - my dream is for us to be happy and fulfilled, and to enjoy each day of our life, as if it's the last!" *Mike* 

### "My children would have a productive property. My husband could have his "junk"." by Marshell

"My dream is simple, in a way. All I want is to buy a small farm or a place to put a small farm. This farm would consist of chickens; a hog; a cow; maybe a goat. I would be able to teach my grand children about gardening and farming. My children would have a productive property. My husband could have his "junk". *Marshell* 

"I'm a reading specialist and work with learning disability children, I happily married and have 2 daughters 7 and 11 years old but since my husband first was fired 4 years ago we been having so much trouble with money issues, we are getting better but I want to have my center where a lot of kids can have the opportunity to learn better and do better in school right now I give the

therapies at my rent home I really want to teach more people about learning disabilities an how to help his kids to deal with all the bad experiences they have. Thanks." *Maria Aurora from Monterrey México*.

#### "I dream of a better future for the people of Africa." *Anonymous (African Boy)*

"I dream of a better future for the people of Africa. To see the real people rise up to think and do the impossible. I dream of working right from my bedroom, having a room dedicated to stock market and forex trading. Trading for the fun of it and helping the poor by teaching them how to be rich wherever they are. I dream of being an innovator, creating solutions for human problems in the area of information technology. Changing lives in the simplest is a strong desire of my heart. Thanks." *Anonymous (African Boy)* 

## "Dream big, write it down, toss away the excuses....and your dreams will come true!" By Page Remick

"My dream is to reach millions of people with the message that natural and organic foods and products could literally save their lives. The proliferation of chemicals, toxins and carcinogens in what we call 'food' is appalling and deadly. The toxins in home and body products are also contributing to the epidemic of illness and suffering in this country.

To that end we have been working on an Internet site for three years (<a href="http://www.purezing.com">http://www.purezing.com</a>) that reviews pure (but zingy!) foods and products that are sold online. It has been a long and tough road to see our vision fulfilled, but the dream is not only taking shape, but substance!

How can you achieve your dream? While you can know what you want to succeed at, you also have to be clear on what your excuses are for not doing it. The commonest excuse is: 'I don't have enough time.' I find it ironic though that we always make time for the things that we REALLY want!

Excuses are obstacles of our OWN making! No one takes our dreams away from us! We 'excuse' ourselves from our own dreams.

I read a great quote this morning from Henry Ford: 'Obstacles are those frightful things you see when you take your eyes off your goal." A goal is a nothing more than a dream that has been written down. Don't let excuses take your dream away! You can 'find' the time if you want to...you can achieve anything that you REALLY want to!

Every dream needs your total attention. Dream big, write it down, toss away the excuses....and your dreams will come true!" *Page Remick* 

"Iain my dream is to see this wonderful country (in which I am privileged to live) be freed from corruption, muggings, car - high jacks, rape (and I include the rape of babies which basically happens on a weekly basis in my wonderful country)... murders, drugs.. HIV, AIDS...I can go on and on.

I often wonder how many people are aware of the fact that South Africa with its 44 million people see more people MURDERED on a DAILY basis than the total amount of people who died in 9/11 Twin Towers?

My dream is to EDUCATE MY PEOPLE and to make them understand that their hope and salvation will not come from any corrupt politician but only from our Creator through HIS SON who has shown the way for us.

How do I reach 44 million people? This is Africa; less than 3 million people in South Africa have access to the Internet. There is another medium and it is DVD. My dream is to reach MY PEOPLE through an educational DVD that I WILL make and distribute FREE to anyone who wants it. I have been educating myself through blood sweat and tears and many many hours to produce effective DVD's. To finance this enormous project I am busy creating a website <a href="http://www.mistergenerous.com">http://www.mistergenerous.com</a> where we will sell ebooks and programs which will be laden with FANTASTIC gifts for our clients. Enough said.

Just one request to all my fellow Internet marketers - Please PLEASE pray for my country." *Andre Duvenage (Mister Generous)* 

"My dream is for my program to have such an impact on the lives of teenagers all across this country that its goodness spreads like "Wild Fire" thus changing the future of the world forever!" By January

"My dream is to positively change the lives of troubled and/or confused teenagers from the inside out with truth, honesty, love and humor. To touch their hearts in such a way that they are able to live their live by fulfilling THEIR wildness dreams. To help them realize they have choices which will enable them to live with peace rather than fear. To show them that life is really very simple and easy. To help them find the power within, right now, today. My dream is for my program to have such an impact on the lives of teenagers all across this country that it's goodness spreads like "Wild Fire" thus changing the future of the world forever!" January

"Hi, this is my first time to write to you. I dream that within the coming ten years, I would be the most clever doctor in my town. Not only in treating my patients diseases, but also in helping them developing their lives, and getting happier. I dream to share effectively in social life." *Manany* 

"I dream that I could have enough money in the bank to be rich enough to own what I want and support my family. Also I want a big bank account so I can help charities in need, that's one of my major concerns in this world. I dream that I don't have to have a mean boss, but rather work from the comfort of my own home so I can address the issues before me." *Tyler* 

"My life dream is to open my 'Healing Garden" in the Caribbean and offer healing to persons in need of healing. Not just on the Physical level, but also Spiritual, Mental, and Emotional levels.

I was born in Barbados and many years ago I distinctly remember my grandmother became very ill and my Aunt didn't call the doctor. However somehow he did a house call and got very angry and told her not to let circumstance prevent her from calling him no matter what time of day or night, money or no money.

That incident left an indelible impression on my mind. Now I am a Massage Therapist / Reiki Master / Qigong Healer / Healing Touch Student; and I think it is my turn to give back to my community. As in Creation this idea started as just that, (an idea)

Now I am awaiting my plans for the building and this communication places my dream in the fifth chakra. I now let go of HOW it will materialize and focus on my DREAM. My higher self knows how to bring about manifestation." *Ben* 

"If you check out <a href="http://www.7thaven.org">http://www.7thaven.org</a> you will see that we have committed to build 7,000,000 homes for the homeless around the world in the next 7 years. Impossible? We don't think so!

This week we just got two prime acres in western North Carolina mountains to experiment with alternative forms of shelter like our cardboard geodesic dome, cargo container home, yurt, etc. Also I'm in Atlanta to build a 36 foot one for a real estate developer who is putting up both land and money. It's definitely happening!" *Hugh Simpson* 

"My dream is to have humanity once and for all banish the belief that we are at the mercy of Mother Nature, but embrace the belief that life and nature loves us and is here to nurture us just as we nurture ourselves, each other and our lovely living planet! Namaste." By David Burdon

"My dream is to have all people realize our connection to source energy and

the abundance of it. This means that things like droughts and other climatic "problems" will be healed as we all play an interactive role with our consciousness, the weather consciousness and the planet's consciousness all utilising the abundant loving life force supply. It will also mean that human beings will be forewarned by the planet when it is undergoing energy shifts and human casualties can be avoided as the planet tells us what is going to happen and where. The animals already have this connection as witnessed by the Indonesian Tsunami where most of the animals moved out of the impact zone before the disaster occurred. So my dream is to have humanity once and for all banish the belief that we are at the mercy of Mother Nature, but embrace the belief that life and nature loves us and is here to nurture us just as we nurture ourselves, each other and our lovely living planet! Namaste." David Burdon

"My dream is to live in a world of peace, prosperity and abundance for all beings... where we all recognize that we are one brotherhood of humanity, and where we share with one another all that we have and all that we are. I dream of living in a world where all people are honest, caring, compassionate and loving with each other and with themselves. This is my dream." John Michael

"I have transformed my dream into my own reality three years ago. It began with an inspiration. Then, I began to write my very first inspiration book. After that, I was inspired to write another book, entitled "THE AWARENESS OF MAGNETIC ENERGY." This book is now available in the public domain. However, what brought me into this profound and awesome experience is through the conscious connection with The Source. From inspiration, I began my spiritual journey into the unknown to find God. I found love; peace and joy come from within. I believe the love of God had healed my pains and sorrows piles over the years. I realize that indeed, I was originated from The Source, and God is perfect. Because, I realize his omnipresence and have constantly aligned with Him. All of sudden, my imperfection has transformed and healed everything I experienced. God's love is great and powerful. It has transforms anything with gratitude, reverence and transmutation. I love you God. Thank you." Herman Wong

"It came to me then that you can't preach that there is good in the world or that things can be better, you have to show them. I learned not to say my ideals but live them." *Micky S* 

"When I was a child I spent a good amount of time at different hospitals. This went on into adulthood. I wasn't sick my little sister was. When I got older and wasn't at the hospital I helped care for my two elderly aunts, and walked the woman across the street's dog. When my sister was 18 and I 21 her body gave out and she passed on after a 9 year struggle.

I suppose I saw a lot of hurt and suffering, and felt my share as well. I wanted to help people when I grew up. I especially wanted to help children. I also saw a good many religious people going around preaching to people with deaf ears to anything due to their pain or poor quality of life. These people seemed to usually have a look of disdain on their faces as they went through the communities. Though there were a few people who actually helped others and gave hope that there was light in the world.

It came to me then that you can't preach that there is good in the world or that things can be better you have to show them. I learned not to say my ideals but live them. As an adult I help single and poor families care for their children while they work. This has enriched my life as well as helped them. I've met some wonderful people and children who are like family to me.

I've also found its not limited to people. I've taken in 20 stray dogs and many cats over the years. My days are filled with a lot of work, but there is a good bit of joy in all that I do. I now have three children of my own two of which are grown up. The one dream I have left would be to become a writer. When I was younger I was fairly good at it. I think I have a good many ideas I'd like to share with the world."  $\it Micky S$ 

"My purpose in life so my dream s to be by 2013 a great writer of fiction books. I am already writing 3 books and presently rewriting the first one. Each day I ask the Great Creator to take care of the quality and I will care about quantity. It's working! I love to write adventure story full of fantastic and horror. By 2008, I know I will find good publishers. I am following the precepts of Napoleon Hill. In meantime, I am teaching and I love it too. Great blessings from Montreal" *Jocelyne* 

"About ten years back I broke from a very intense and loving relationship with my girl friend (reasons were external not we two). Sure I was shocked high. Took sometime to recover and then found some more relations and went very well and that was all easy and fun going. I noticed the attraction of others towards me was something extraordinary. Realizing some of my characteristic habits and qualities I was able to use them more intelligently.

Studies in mind powers, metaphysics, psychology, telepathy, healing touch etc etc.. made me more confident. ....four more years passed. I was having a long list of girls, boys, ladies and gents who were now having sharing relations with me. ..... NOW the DREAM begins...

""What if I become a professional Relationship healer and Motivational speaker.... I dreamt of delivering some lecture in a huge auditorium in front of large audience....Personally I dreamt of a true loving life with a reasonable financial status to keep me and my family happy..."" a BIG dream ...!!Skipping the rest six years... I am living a very loving family life.. having a secure job to feed me... enough of time to fulfil my passion of Relationship Healing, a good platform of an organization from where I can address not very big but

reasonable number of audience. .... I have my own website established http://www.beyond-emotions.com...

My Dream continues ..... I am planning for Doctorate (PHd) in Philosophy (four years)... I am looking forward to a more sound Profession in Relationship Healing and Family Therapy. I dream myself enjoying a higher quality of Life. I dream spreading the unconditional Love to all those I see in pain. I dream being able to fulfil all my dreams... I am Hopeful ...and Positive. Thank you Iain, I really learn a lot from you." *Ali Jibran* 

## "Let go and just love life and life will love you back with the fulfillment of all your desires and more." by Debra Martin

"Dear Iain, I have had a dream ever since I was a little girl to be able to put my hands on people and heal all their pain, physical, emotional and spiritual. About 5 years ago, I began having visions of a healing centre and through some pretty extraordinary means, I was given the name and all the services I would provide. I have no money to set this all up and had strong feelings that I would win this money somehow. Against all the odds and cynicism of others, I have held onto this dream that I would have my own healing centre. It hasn't been an easy road. Lots of excitement, hopes, disappointments, tears and frustration but I kept coming back. You can't ignore a deep knowing within you that it's going to happen and nothing can stop it.

I believe this healing centre is a reflection of my own healing, the healing I have been going through quite intensely over the last 5 years. Emotionally I have let a world of hurt go. Spiritually I let go of all my blockages and restrictions (I had been a very devout, staunch, born again christian) and now it's time to heal myself physically, give my body new life. Over the last 5 years, people laughed and scoffed at my dreams but I stayed strong, I never doubted, not once, that they would manifest. I have found that the world is a reflection of you though and your dreams will only manifest, when you are at a point where you are ready to receive it. What has helped me to maintain my faith in my dreams is wonderful e-mails from people like you who are always encouraging and uplifting, giving you the courage to keep on dreaming. You are an absolute God send and I have enjoyed your e-mail newsletters so much and they have helped me enormously in maintaining my faith.

My number 1 tip for others: Believe in your dreams without any doubt but remember to let them go. Last week, while still knowing in my heart that every thought manifests, I gave all my dreams to the universe. I said "I'm giving them to you, because without you, I'm nothing." What a release, I feel so free and now I have this strong sense of knowing that the manifestation of all my desires is about to happen because I let them go. We are creators, but we are co-creators. It is spirit that gives our desires the sustenance to become our reality and if we forget to acknowledge that fact, we fool ourselves into thinking that we can do it all alone. Doing it alone means that we can end up remaining in a state of desire, which keeps us vibrating at low frequency. Letting go so they can manifest, sets us free of the trying to do it and raises our vibration so that manifestation just happens without the effort.

I say "let go and just love life and life will love you back with the fulfillment of all your desires and more." *Debra Martin* 

"I dream of a great future for our children as we have given them a great education and set them on the right path. Besides the education we have given them sufficient nourishment for the soul to set them on the true and correct path." *Paul* 

"My dream is to write best selling, thought-provoking books, and to also write for children without preaching. Yes I want lots of money: to be comfortable in my retirement but I also want to be able to contribute to worthy causes and not feel guilty because I have so little to give financially. That is a dream that would fulfill me." *Anon* 

"My dream is to become more focused and to achieve better spelling and faster tipping speed. My long term goal is to pass college and to become a programmer. and make a free os." Sam Laane

### "My dream is to see happiness and contentment on everybody's face" by Anonymous

My dream is to see happiness and contentment on everybody's face I come across face to face or TV. Happiness is an emotional state which is according to me 95 percent under your control. If you are yourself happy you would not inflict pain and misery on others. So my dream is to change the emotional state of few people to happiness and they can start the chain reaction and the world will be a happy place." by Anonymous

"My dream is to see our great country get back to where there is not this backbiting, bickering and name calling by our elected representatives who are not voting like their constituents want them to instead of turning our country into a plutocracy representing mainly the will of the powerful. As a WWII vet, I am disgusted. I would also like to be able to help charities such as veterans groups, blind charities (my wife is visually impaired), the less fortunate Indian tribes who do not have gambling casinos and children's hospitals." *Norm Lipps* 

# "Give your best in all that you do, Give more value in all your work without expectations and do it with all the Gratitude that you can generate!" By Chef Jem

"I am living in a farm-based sustainable community that is built around a hand-crafted center that is devoted to our new permanent culture!

The farm produces Biodynamic nutrient-dense foods for the community plus a surplus for a CSA that includes value-added products that are prepared in our center's kitchen. The food is so nutritious, prepared so deliciously and nourishingly that it is truly medicine! We are devoted to growing and preparing "Food as Medicine" to such an extent that the community includes cottage In-home clinics as well!

The social life is an absolute joy here with all the opportunities to work, play, eat and sing together! We even have our own theater! One of our most important features is our high regard for all our children. We honor all the children exactly where they are in their developmental stages and strive to preserve their unique entrance into the world with all the warmth and beauty we as a community can provide them! We also take extra measures to ensure that all the nutritional needs of our mothers-to-be are being met with the very best that our farm has to offer. Just as the ancient cultures have done all around the Earth.

The center also serves for training new chefs who want to learn all the ways of making "Food as Medicine". The farm is its own center where Biodynamic apprentices gain the knowledge and skills required to start their own farms. All in all our community specializes in the providing the best possible new beginnings for all of life and in celebrating the gift of life in all that we do!

My top eight secrets are: Give your best in all that you do, Give more value in all your work without expectations and do it with all the Gratitude that you can generate!

Extend Love to your own thoughts that are contrary to your chosen goals.

Deepen your own manifestation process by re-programming your subconscious to disregard any unwanted input. (It also helps to stop feeding your mind with any messages from whatever sources that don't support your chosen goals.)

Include peace as one of your main goals throughout your life!

Spend time each day in quiet, stillness and just be there!

Be happy!

Nourish yourself well

Last but not least: say "I love you" whenever you can to whomever you can (including yourself)!" *Chef Jem* 

# "My dream is to take control over the world and have so much money I can persuade everyone to behave properly." By Henrik

"My dream is to take control over the world and have so much money I can persuade everyone to behave properly. I also wish to stop the global warming and polluting of any kind. My dream is to take mankind to achievements beyond current imagination. I wish to heal everyone with aids and cancer too and re-educate people so that they won't be so sick. *Henrik* 

"I have quite a few challenges. To begin with I want to be free from my job. I want to buy back our home where we lived as children & have great memories. I want to carry forward the legacy of my grand father by serving people. I want to improve the living conditions of the people in my town. I want to be financial free." *Anand* 

"I have seven dreams. My first dream is to complete my documentary on Lemuria for Maui's PBS station. I have found some of the same physical evidence that the United States' military intelligence found in 1972, validating that Lemuria did exist. My second dream is to promote health and wellness to as many as I can through naturopathic medicine. My third dream is to reconnect with my mental self in adulthood to the degree and beyond that I did naturally as a child. My fourth dream is to make WIDIS (Wireless Instrument Digital Interface System) a successful reality. My fifth dream is to help heal the human race and the planet through light meditation. My sixth dream is to dance again. My seventh dream is to help build the new civilization when we graduate out of this one. In lemurian light and love," *Janice* 

"My dream is to help women like myself who have left the corporate nightmare and have resolved to never go back again! I am now a mother of six-year-old twins but feel trapped in an unfamiliar world of stay-at-home moms. After spending 25 years in the corporate world, I felt lost and spent over a year searching for my true calling. My dream is to finish my ebook "Corporate Refugee Stay-At-Home Moms: Find Your True Passion and Thrive". Then I would like to become a life coach and dedicate my life's work to helping others succeed at achieving their dreams." Juli

#### "With dogged determination we can make any impossible dream possible". By Avil Beckford

"The Impossible Dream, Or Is It? Help Others, Help Yourself ...Is it self-serving to help yourself while helping others? My dream today is to make <u>Tales of People Who Get It</u> and its companion workbook, Journey to Getting It both bestsellers by December 31, 2007. We can all learn from each other because everyone knows something that only he/she knows. If we are perpetual learners, never letting our curiosity die, every day will be a learning experience. Achieving this dream gives me the opportunity to teach others what only I know.

Tales of People Who Get It is based on the interview responses of 34 highly accomplished leaders in Canada, the United States, Switzerland, Sweden, Jamaica and South Africa. Ranging in ages from 35 to 73, these individuals are well-positioned and qualified to offer solutions to challenges they've faced in their lives. What I have found, and I am sure it will be true for others, is that Tales of People Who Get It acts as my own Board of Invisible Mentor that guides me along my life journey. Loaded with many developmental tools, Journey to Getting It is produced solely to help the reader discover and learn the secrets that people who "get it" already know. It inspires the reader to achieve personal and professional success.

This past labour day, September 3, 2007, I awoke, and while laying there with sleep-filled eyes, "Act if it were impossible to fail" seeped into my consciousness. According to Dorothea Brande in her 1936 book, Wake Up and Live! that's the formula for success. To me, this means that I should act confidently with much resolve, believing and knowing that I have everything that I need right now to make Tales of People Who Get It and Journey to Getting It bestsellers.

Though I haven't realized my dream yet, I can feel that something is happening. I first felt the shift a few weeks ago, as if I am on the cusp of something big. Because I feel so strongly about helping and teaching others, I have sent out copies of Tales of People Who Get It for review. I am also confident that I have a good product so I made the trek from Toronto to New York City to meet some key people and tell them about my books.

As an introvert, I constantly struggle with putting myself out there. I would keep quiet in meetings. There were times when I wanted to say something but could never find a way to say what I needed to say because others monopolized the conversations. I denied others the opportunity for real sharing. As a business researcher, analyst and writer, I often come across information that would benefit others. Tales of People Who Get It and Journey to Getting It are my gifts to the "world." Making Tales of People Who Get It and Journey to Getting It bestsellers allow me to make a substantial donation to my high school in Jamaica to construct a science lab and library, so I believe it's okay to help yourself while helping others. With dogged determination we can make any impossible dream possible." *Avil Beckford* 

"My greatest dream is to become a powerful novelist, and further on to become an inspirational writer on spiritual matters. I want to become a great and powerful propagator of THE SECRET in my own country, that is POLAND. I do believe it is my mission & higher purpose.

The easiest way to get the attention of the public (so that to be able to spread the awareness later on) is to become an acknowledged & well-known novelist first. Once I manage to establish my position, I will be able to draw the public's attention to the issues of THE TRUTH.

What is more, in order to encourage and empower those least fortunate, I will be offering the free seminars/lectures, and taking money only after the results are showing up.

Apart from that I wanna realize my other talents and passions - compose music, design perfume & jewellery, travel around the world." *Edith Finch* 

"I have a very special dream. I am financially independent, working from home, supporting my kids and I without negative influences around us. I am surrounded instead by people who love me unconditionally.

I have moved to a farm where the kids and I can tend to the animals and gardens and can easily provide for ourselves. There is peace and happiness and my children can stay children as long as they want, not being forced to grow up too soon.

Right now, I have started my home-based business and am doing very well, on the road to financial freedom. My #1 tip to help me with my dream is simply to stay focused and passionate. I keep my eye on the prize and I try not to let setbacks/negativity get to me personally. I have learned that instead of being angry, I need to understand that everything surrounding me is a lesson to be learned, and the quicker I can get over it, the quicker I can move on to bigger and better things." *Ann* 

If you're interested in sharing and viewing more dreams visit our forum and look for What's your dream?...

...and remember... Never EVER give up on your dreams,

I wish you all the best on your journey of success

warmest regards

Iain Legg

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