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Send "A Book of Infinite Possibilities" to Your Friends



A book of suggestions for improving all aspects of your life, with ease.

With love and gratitude always,

Melody

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A BOOK OF INFINITE POSSIBILIITES www.abovealhealing.com

If you KNOW

You HAVE CHOICE

You CAN CREATE ANYTHING YOU CHOOSE WITH EASE

Write down on paper in order of their importance, the things you would really like.

Do not be afraid of asking for too much. Go for it!

Change your list daily, adding to or taking from it, until you feel really light, energetically. Do not be discouraged on account of changes, as this is

natural.

There will always be changes and additions with accomplishments and increasing awareness now that you realize your infinite power.

THREE POSITIVE STEPS OF ACCOMPLISHMENT

- 1. Read the list of what you would like in your life three times each day, morning, noon and night.
- 2. Listen to the infinite power within you.
- 3. Live life in the questions. What are the infinite possibilities of creating everything on your list with ease?

Asking the question and handing it over to the universe, knowing that your question will be answered in return.

Start living the infinite possibilities question, rather than being stuck in having to have the answer or the solution.

When we are living in the question, we are honouring the universe. Each time we are in the question, we are handing over to the universe, asking to adjust all aspects of our lives accordingly.

Live life in the question and the Universe will start to re-arrange itself to make it happen for you.

Have you ever noticed how some people bombard you with questions?

Have you ever noticed how drained you feel and wish they would just leave you alone or go home? Well this is a prime example of a term called 'energy vampires', they suck your energy until you are drained. This is a sub-conscious energy draining mechanism (coping mechanism).

This mechanism is a pretense of presence or awareness, i.e. how can we be present and aware when we are bombarding people with questions?

Often times it is the opposite of trust, also can be to prove the other person wrong. Underneath this mechanism is fear.

By living life in the questions and handing them over to the universe, we are relinquishing all fear and doubt and trusting the process of life.

A grand affirmation: I allow myself to trust and flow with the process of life.

Often we cannot acquire faith at the start. Some of your desires, from all practical reasoning, may seem positively unattainable; nevertheless, write them down on your list in their proper place of importance to you.

There is no need to analyse how this infinite power within you is going to accomplish your desires. Such a procedure is as unnecessary as trying to figure out how a seed can be planted in the soil and before you know it has transformed into a beautiful flower, often containing hundreds of seeds, each capable of doing what the one seed did, transform.

If you follow the three simple steps, the method of accomplishment will unfold as mysteriously as the seed of the plant, and in most cases, much sooner than you expect.

Put down on your list of wants such material things as money, home, cars, or whatever it may be. Be precise with what kind, style, price, colour and all the other details including when you would like it. If you would like a home, plan the structure, grounds and furnishings. Choose a location and cost. If you require money, write down the amount. If you want to create a business, put it down.

It is natural to be skeptical and have doubts, distrust and questionings, but when these thoughts arise, get out your list. Read it over, or if you have it memorized, talk to your infinite power about your desires until the doubts that interfere with your progress are gone. Remember nothing can prevent your having that which you earnestly desire. You are an infinite being!

The infinite power within you does not enter into any controversial argument. It is waiting and willing to serve when you are read, however your objective mind is so susceptible to suggestions that it is almost impossible to make any satisfactory progress when surrounded by sceptics' or negative energies, so choose your friends wisely and associate with light minded people who now have some of the things you would really like to have.

How did they create it?

By understanding the Law of Attraction.

The mind is a creative instrument, it can be expansive and it can also be limiting.

Often times the mind plays tricks on us when you get your first taste of accomplishment. These tricks will appear as thoughts, such as; It can't be possible, it was just a coincidence. Let me assure you there is no such thing as coincidence. When such thoughts occur, give thanks and acknowledge your infinite power for the accomplishment. By doing this, you gain awareness and more and more consciousness with regard to what we think we create, we become aware that there is a law, which actually works at all times. The Law of Attraction.

THE LAW OF ATTRACTION

This Universal Law states that you attract whatever you put your attention to. The point of this Universal Law is to establish the creative power of thought. Whatever you put into your conscious or subconscious mind, you attract into your life. The mind is like a computer. It stores data both positive and negative, whatever we hold in mind we create. Our mind can be very creative, but also very limiting. We are created in the image of the Creator, with a mind that possesses the same creative properties. Before you learn that you have this power, your mind will wonder and raise many thoughts, some of which conflict and create negativity.

Thoughts such as doubt and scepticism exist, for you do not think that you are powerful enough to be the creator of your reality. As you observe your life and begin to see the link between your thoughts and your experiences, you become a deliberate thinker, and you no longer think negatively, you are able to 'turn the page' on those thoughts to whatever it is you choose in your life.

Sincere and earnest thanks cannot be given without gratitude and it is impossible to be thankful and grateful without being happy.

Therefore, when you are thanking your greatest friend, your Infinite Power, for the gifts received, do so with every pore of your being.

The infinite power and what it creates is beyond the mine. Please do yourself a great service and don't try to understand it, just be in gratitude of the accomplishment with ease, joy and prosperity.

What are the infinite possibilities of living a life of ease, joy and prosperity?

What are the infinite possibilities of being in a loving, caring, nurturing relationship?

A great transformational technique is to visualize the outcome you are seeking as 'a done deal'. Seeing <u>you</u> turning the page and visualizing the desired outcome creates a positive shift in energy.

Now the key to this shift in awareness is to live the questions, without being invested in the outcome. Ask the question and let it go, knowing that it is already set in motion. Remember that the universe will honor your question and honor you in return.

What are the infinite possibilities of......with ease?

You choose to fill in the blanks.

What are the infinite possibilities of my being able to let go of wanting to have the answers and solutions, with ease?

What are the infinite possibilities of my being able to live life in the question, with ease?

This book could have extended easily to over 250 pages, consciously it has been shortened to make it as easy as possible for you to read, understand and become aware of your ability to choose.

Are you willing to start living the questions?

Are you willing to become the infinite possibilities?

My life has changed 360 degrees since I chose to live the questions, it works!

With love and gratitude,

Melody